

Dear Members and Participants

We are in the fortunate situation to continue our Triathlon Participation. Kicking off with the much-loved Super Sprint Series, sponsored by our good friends Ray White Bayside.

To ensure the events are run in a safe manner and in compliance with the Chief Health Officer's directions and the Road Map forward, the club is wishing you to acknowledge the following and ensure all recommendations are implemented at our events.

Physical Distancing – 1.5 Metres

This is the main tool in our armour to prevent any possible spread of COVID-19. Please ensure during setup, registration, race instruction, post-race chats and during pack-up you maintain your distance as per the 1.5 metre rule. Where possible bikes racks will be limited to 3 bikes per rack.

The committee will also implement staggered starts, as required. Please follow the online race brief and race instruction.

Hygiene

Hands wash facilities will be made available near transition. Please ensure you wash hands using soap prior to assisting with the set up or pack down. Remember many hands make light work, but now more than ever we must ensure these hands have been adequately washed. Hand sanitiser will also be made available at transition.

Disinfectant will be onsite to wipe down any high contact surface including tables and drinks coolers.

Please note showers are located at the lake for use and an ablution block is located at the beach side car park. Please take your own hygiene products should you wish to use these facilities.

Health and Safety

If you are feeling unwell and especially experiencing any COVID-19 symptoms you must not attend any event or training session. Please remain at home and seek medical assistance. Should you become unwell at an event please ensure you inform the Race Director or another participant or medical staff attending the event, whilst maintaining physical distancing.

Drinks and Food

We are asking participants to be self-sustainable. Please bring your own snacks and plenty of water. Some iced water will be available, but it's preferred if you can provide your own. On-course drinks will not be provided for the upcoming Sprint Series. Please carry water with you on course if you feel it will be needed. A post-race drink on ice will be provided thanks to Ray White. Please place all cans or bottles in the blue wheelie recycle bin provided. Rubbish bins will be provided.

Race Briefs

Race briefs will be emailed to you prior to the event to minimise gathering prior to the race. A short race instruction will still be provided prior to race to ensure everyone is confident of the race course and length.

The committee thanks all members, participants and extended DTC family for following the advice provided, so we can continue our events and ensure we protect the wider community. If you have specific concerns please contact the club to discuss.