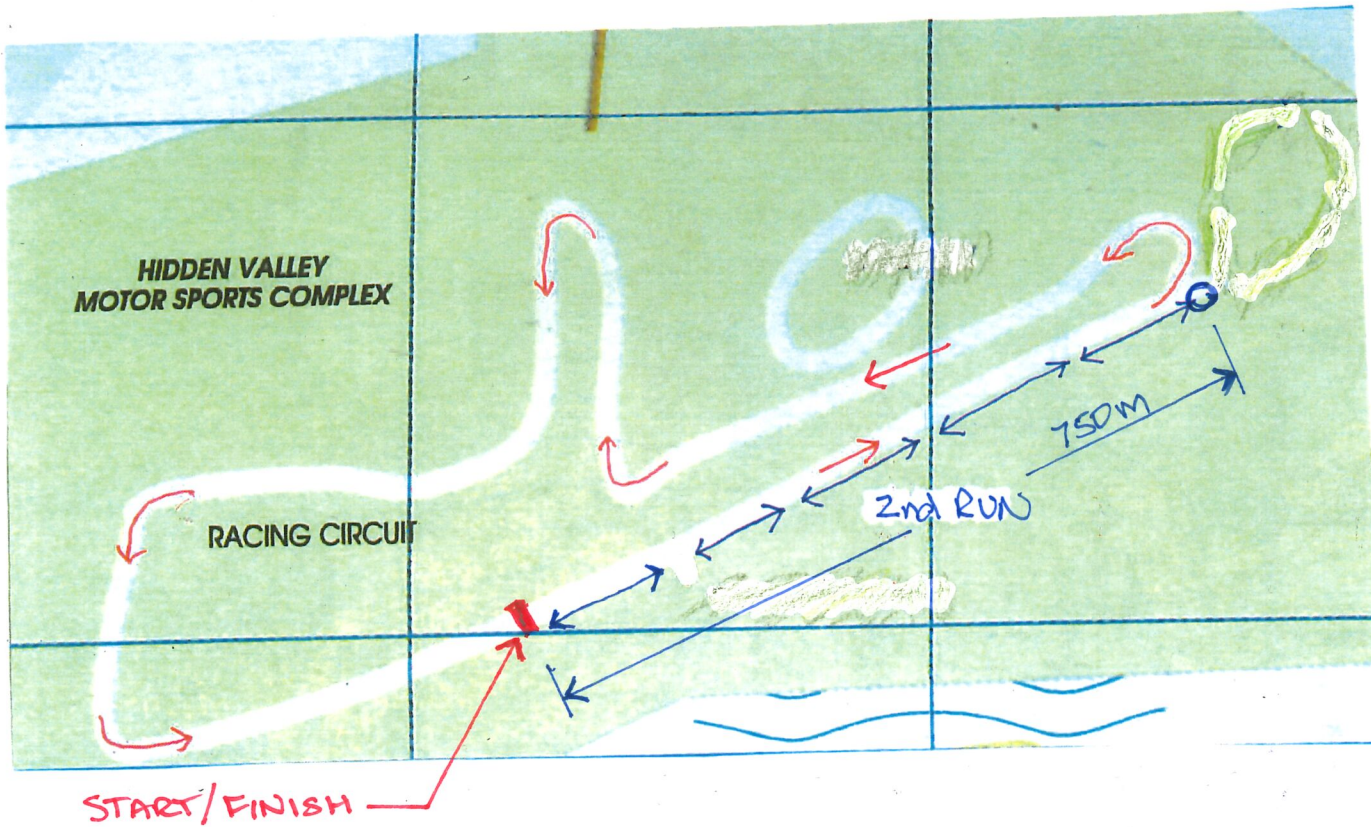


HIDDEN VALLEY DUATHLON



RUN 1: 3.0 km - 1 lap
→ of race circuit

BIKE: 15 km - 5 laps
→ of race circuit

RUN 2: 1.5 km - out &
↔ back looped
run